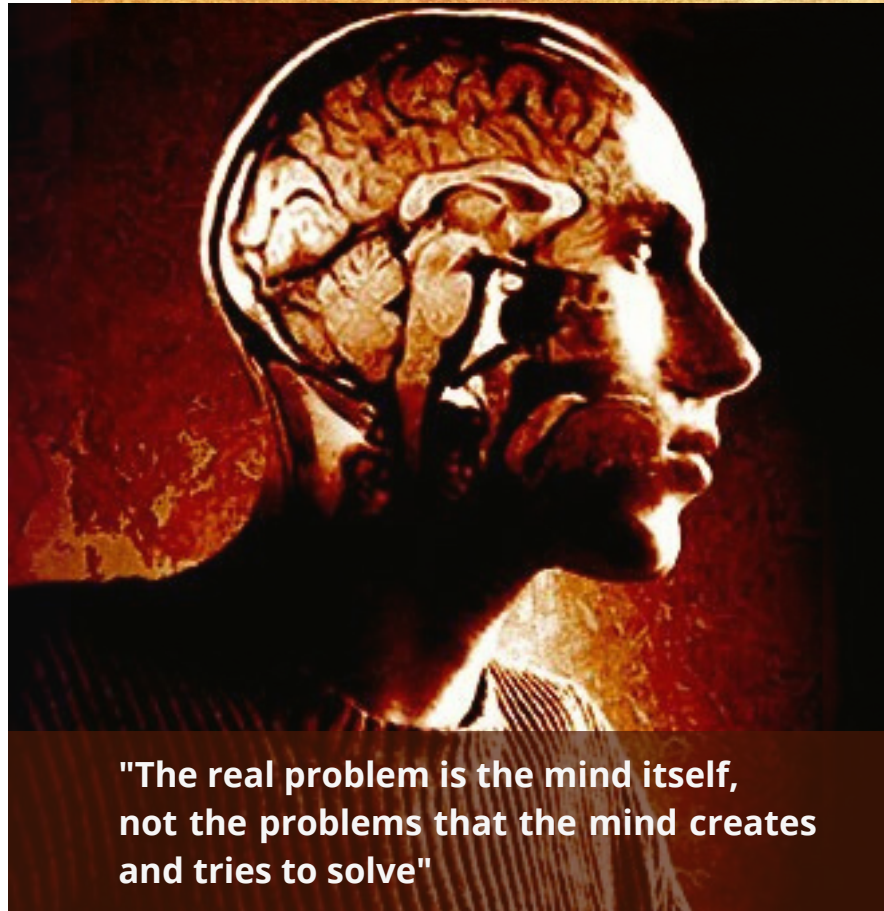


"THE PROBLEM OF THOUGHT"

- An Open Enquiry

Through self-enquiry, through silence, through meditation, through dialogue, through observation, along with the voices of others, we will enquire together into the most fundamental problem of our life, thought and the self.

The event is not based on any belief system, and no authority figure is involved.



"The real problem is the mind itself, not the problems that the mind creates and tries to solve"

APRIL 25-27, 2020

Venue: Risingholme Community Centre, 22 Cholmondeley Avenue, Opawa, Christchurch

Cost: \$30 per day for Cantabrians (\$90 for full event), \$10 per day for others

Please note that the event is non-residential, although possibilities for accommodation exist

Inquiries & applications:

Mark Matsis

☎ 027 2406 290

✉ markmatsis@gmail.com

For more information, see the Facebook event "*The Problem of Thought - an open enquiry*"

"Nothing is either good or bad but thinking makes it so"

- Shakespeare

"We live in a world that is made up of concepts, our thoughts, our conditioning"

- Steven Harrison

"Thought shattering itself against its own nothingness is the explosion of meditation"

- J Krishnamurti